

# Dinner List



Summer  
Planning

IDEA #1

IDEA #2

DINNER  
BOWLS →

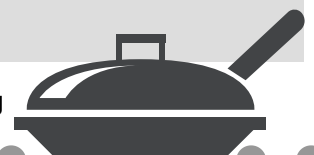
PASTA  
SALAD →

ON THE  
GRILL →

AIR FRYER →

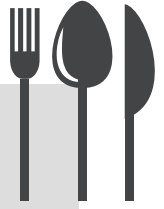
FRESH  
PRODUCE →

SANDWICHES →



# Weekly Meal Plan

	LUNCH	DINNER
MON →		
TUES →		
WED →		
THURS →		
FRI →		
SAT →		
SUN →		



# Dinner



## Summer Planning Brainstorming

What does Summer smell like & taste like to you?

Is it too hot to cook in your kitchen?

What restrictions do you have? (time, temp, ingredients)

Do you have a different schedule in the summer evenings?

Who cooks most of the meals in the summer?

What fresh produce is on sale right now?

Notes:

